

Dear (Person with assessment booked)

As you are aware your name has been put forward as someone who may be interested in attending the next available 'Mood on Track' course, which is a group programme we run in the Bipolar Service.

Due to social distancing measure being introduced to reduce the spread of Coronavirus we have had to postpone our group meetings and assessment appointments at the current time.

Your appointment on : **has been cancelled.**

You will remain under the care of your current Community Mental Health Team and should contact them as you usually would if you have any concerns about your mental health.

Once the social distancing measures are no longer needed we will be writing to you with new appointment. This appointment is to give you the opportunity to talk to one of the clinicians who runs the groups, find out more about the 'Mood on Track' programme and to see if it is something that you feel that you might benefit from.

If you have any questions or would like to contact us please call us on 0121 301 3370 or email MDS.BSMHFT@NHS.NET.

Yours Sincerely

Dr Elizabeth Newton
Consultant Clinical Psychologist
Lead for Bipolar Service BSMHFT