

## **Restraints**

Please provide restraints information under the FOI act to the following questions: -

### **1. Please supply RESTRAINTS patient's information leaflet.**

Please see attached.

### **2. Please supply patient RESTRAINTS consent form.**

A restraints consent form is not used within the Trust and is not a feasible documentation due to the nature of a restraint.

Physical restraint is used to prevent individuals in mental health services from harming themselves or others. By this definition a patient cannot consent to a restraint.

### **3. Please supply any Restraints/investigations**

Exemption applied, Section 12

The Trust is unable to provide any information regarding this question as we are unable to interrogate and collate specific reports relating to restraints within the system we use and will require manual searching. With this in mind please note that the Trust does not have capacity to fulfil this question and have applied the above exemption.

### **4. How many RESTRAINTS in 2019?**

3591 - These are pertaining to physical restraints in 2019

### **5. What proportion of patients were men/women?**

<b>Gender</b>	<b>Restraints</b>
<b>F</b>	1980
<b>M</b>	1611

### **6. How old were they?**

<b>Age Group</b>	<b>Physical Restraints</b>
<b>&lt; 21</b>	424
<b>21 - 30</b>	867
<b>31 - 40</b>	448
<b>41 - 50</b>	965
<b>51 - 60</b>	333
<b>&gt; 60</b>	554

### **7. What were the diagnoses and in what proportions?**

Diagnosis is not recorded on the Incident Reporting System

**8. What proportion of patients were classified BAME?**

<b>Row Labels</b>	<b>Count of INCIDENT_NUMBER</b>
<b>A - British - White</b>	2395
<b>B - Irish - White</b>	14
<b>C - Other White - White</b>	91
<b>D - White &amp; Black Caribbean - Mixed</b>	81
<b>E - White &amp; Black African - Mixed</b>	12
<b>F - White &amp; Asian - Mixed</b>	167
<b>G - Other Mixed - Mixed</b>	41
<b>H - Indian - Asian Or Asian British</b>	30
<b>J - Pakistani - Asian Or Asian British</b>	208
<b>K - Bangladeshi - Asian Or Asian British</b>	19
<b>L - Other Asian - Asian Or Asian British</b>	35
<b>M - Black Caribbean - Black Or Black British</b>	200
<b>N - Black African - Black Or Black British</b>	99
<b>P - Other Black - Black Or Black British</b>	29
<b>R - Chinese - Other Ethnic</b>	6
<b>S - Other Ethnic Category - Other Ethnic</b>	81
<b>U - Arab</b>	18
<b>Z - Not Stated</b>	65

**9. How many were receiving RESTRAINTS for the first time?**

357

**10. How many patients consented to RESTRAINTS?**

Not applicable please refer to question 2.

**11. How many RESTRAINTS were investigated outside the NHS and CCG ?**

Not recorded on our system

**12. How many patients died during or soon after RESTRAINTS and what was the cause (whether or not RESTRAINTS was considered the cause)?**

No patient deaths occurred at the time of restraint

**13. How many patients died a few months after RESTRAINTS and what was the cause (whether or not RESTRAINTS was considered the cause)?**

The table below shows the corresponding cause of death of patients who have died 3 months after a restraint related incident.

Cause of death	Patient deaths
Natural Cause / Clinical Condition	3
Suspected Drug / Alcohol Related Death	1

**14. How many patients died by suicide within a few months of receiving RESTRAINTS (whether or not RESTRAINTS was considered the cause)?**

There are no reported deaths by suicide within 3 months of a physical restraint.

**15. How many patients have suffered complications during and after RESTRAINTS and what were those complications?**

Not recorded on the Incident Reporting System

**16. Have there been any formal complaints from patients/relatives about RESTRAINTS?**

Exemption applied, Section 12

The Trust is unable to provide any information regarding this question as we are unable to interrogate and collate specific complaint relating to restraints within the system we use and will require manual searching. With this in mind please note that the Trust does not have capacity to fulfil this question and have applied the above exemption.

**17. If so, what was their concerns?**

Not applicable please see above.

**18. How many patients report memory loss/loss of cognitive function?**

Not recorded on the Incident Reporting System

**19. What tests are used to assess memory loss/loss of cognitive function?**

Not recorded on the Incident Reporting System

**20. Have MRI or CT scans been used before and after RESTRAINTS?**

Not recorded on the Incident Reporting System

**21. If so what was the conclusion?**

Not applicable please see above.

**22. How does the Trust plan to reduce restraints in the future?**

The Trust has a 5-year restraint reduction process and have formally submitted a pledge to the Restraint Reduction Network (RRN) which has been published on their website. In addition to this the Trust has formally started the process of accrediting the physical intervention training through the RRN and UKAS.