

FOI322 Response

Request

Please supply me with the last five years of data pertaining to the number of service users whose clinical diagnosis is OCD, who have been referred to the following services within Birmingham and Solihull Mental Health Foundation Trust (BSMHFT):

- Treatment of CBT at Birmingham Healthy Minds
- Treatment of CBT at CMHT psychology
- Under only psychiatry at CMHT
- Psychodynamic Psychotherapy at Special Psychological Services e.g. Callum Lodge

Could you also please supply me with the last five years of data pertaining to the number of service users whose clinical diagnosis is OCD, who have applied for funding to Birmingham and Solihull Clinical Commissioning Group (BSOL CCG). For specialist psychological treatment outside of BSMHFT. Could you please supply me with the following:

- Number of service users who have applied for assessments.
- Number of these service users who had the funding granted.
- Number of service users who have applied for treatment.
- Number of these service users who had the funding granted.

**Clarification obtained from Requester to determine the format and definition of request.*

1. *The number of service users who have received CBT treatment from BHM to treat OCD, after self-referral or referral by GP.*
2. *Number of service users who have been assessed by CMHT diagnosed with OCD and referred to BHM.*
3. *Number of service users who have been assessed by CMHT diagnosed with OCD and referred to Psychodynamic Psychotherapy at Special Psychological Services e.g. Callum Lodge.*
4. *Number of service users who have been assessed by CMHT diagnosed with OCD and received CBT from CMHT.*
5. *Number of service users who have been assessed by CMHT diagnosed with OCD and referred to specialist psychological treatment outside of BSMHFT.*
 - *Number of service users who have applied for assessments.*
 - *Number of these service users who had the funding granted.*
 - *Number of service users who have applied for treatment.*
 - *Number of these service users who had the funding granted.*

Can you please supply the data for the last five years giving the numbers for each year, but only counting the service user once unless they fall under a different category, example below:

- 2017 Service User is referred to CMHT by GP.
- 2017 Service User is referred to BHM by CMHT.
- 2018 Service User is referred back to CMHT by BHM.
- 2019 Service User is referred for assessment at specialist psychological treatment outside of BSMHFT (funding granted)
- 2020 Service User is referred for treatment at specialist psychological treatment outside of BSMHFT (funding declined)

Response

Please see attached spreadsheet and note the following:

- Data provided for question 1 is in relation to Birmingham Healthy Mind (BHM) referrals with a presenting complaint of OCD, and where a patient has had at least 2 treatment contacts with an intervention of Cognitive Behavioural Therapy (CBT). Please note that presenting complaint is not a diagnosis.
- Data provided for question 2 is in relation to the number of referrals to BHM where the referral source is Community Mental Health Team (CMHT) with an open OCD diagnosis at the time of the BHM referral.
- Data provided for question 3 is in relation to the number of referrals to the Trust's Special Psychological Services (SPS), where the referral source is CMHT with an open OCD diagnosis at the time of the SPS referral.
- Data provided for question 4 is in relation to the number of patients with an attended CMHT contact with an activity code indicating that CBT has taken place and an OCD diagnosis at the time of contact.
- Data provided for question 4 may not be accurate as the Trust does not routinely report and monitor the data for the number of service users who have been assessed by CMHT diagnosed with OCD and received CBT from CMHT.
- The Trust is unable to provide data for the number of service users who have been assessed by the CMHT, diagnosed with OCD and referred to specialist psychological treatment outside of BSMHFT. This is because the requested information has not been captured within our system. The Trust therefore recommends that you redirect this aspect of your request to Birmingham and Solihull Clinical Commissioning Group (BSOL CCG) to obtain this data.