

FOI 0331/2023 Response

Request

Who can access your chronic fatigue syndrome clinic? Would people in Dudley be able to get referred to your chronic fatigue syndrome clinic?

Response

The Trust do not specifically provide interventions for people with a main presenting problem of chronic fatigue syndrome.

Our primary and secondary care mental health services do not provide interventions for people with a main presenting problem of chronic fatigue.

We can provide information about sleep hygiene to those who present with sleep difficulties in our secondary care services and in our Talking Therapy Services.

However, chronic fatigue syndrome would be a secondary issue and not the main presenting complaint. We would therefore ask the GP to refer an individual to their associated sleep clinic.