#### FOI 0452/2024 Response

Under the Freedom of Information Act I wish to request the following information:

- 1. The number of referrals made to each of the below services/through each of the below pathways\* during 2015/16, 2022/23 and 2023/24 to date.
  - Services/Pathways (split into adult/CYP where applicable)
  - CAMHS
  - Eating disorders
  - Autism
  - ADHD
  - Crisis team
  - Memory
  - Gender
  - Talking therapies/IAPTs

Please break these figures down by the number of referrals received, the number of referrals accepted, and the number of referrals responded to with advice and guidance or support, with the recorded reason for declination. Please provide earliest figures from 2015/16 and reasoning if you do not have 2015/16 figures available.

\*\*\*Requester's Clarification: We appreciate that different trusts will have different services and therefore might term things differently. With that in mind we tried to go for something that would catch all the relevant services relating to treating people who have experienced a mental health crisis. So can you please include all services in that area, be it hospital based or at home. If it's possible, it might make sense to separate the different sections within this pathway in the data.

Please see the data below and note the following:

- We do not have a gender or autism service.
- ADHD, Talking Therapies and Memory Services are adult only.
- Child and Young People (CYP) figures have been provided in a separate table.
- For the FY 2015/2016, ADHD data has not been provided as the service structure and recording of data within this service has since changed.
- The Crisis figures provided relate to our Psych Liaison Service within A&E and the Street Triage Service only.

The data in relation to CAMHS service explicitly relates to patients who are residents in the borough of Solihull, go to school or college in the Solihull borough, or have a Solihull GP.

For information on children and young people in receipt of CAMHS services in Birmingham, please redirect your request to Forward Thinking Birmingham Service which is hosted by Birmingham Women's and Children's Trust.

#### **Data for Referrals below:**

### <u>ADULT</u>

	FY 2015 2016	FY 2022 2023	FY 2023 2024
	Crisis	•	
Received	16203	15533	13466
Accepted	9376	6422	5451
Signposted	5509	6312	4982
Ea	ting Disorders		•
Received	203	398	383
Accepted	144	220	136
Signposted	5	50	17
ADHD			
Received		2856	3630
Accepted		132	35
Signposted		213	129
NHS	Talking Therapies		
Received	23701	22897	19197
Accepted	8937	6271	4116
Signposted	-	-	-
	Memory		
Received	2677	2864	2449
Accepted	2047	2275	601
Signposted	115	197	134

# **Child and Young People (CYP)**

	FY 2015	FY 2022	FY 2023	
	2016	2023	2024	
	risis			
Received	758	967	773	
Accepted	464	393	321	
Signposted	261	432	304	
Eating Disorders				
Received	50	84	93	
Accepted	29	82	77	
Signposted	3	1	1	
C	CAMHS			
Received	1683	3017	2858	
Accepted	646	1189	946	
Signposted	427	1104	799	

# Data for those not declined and for the those who were declined with reasoning

### **ADULT**

	FY 2015 2016	FY 2022 2023	FY 2023 2024	
C	risis	l .	l .	
Assessed, unsuitable, advised and returned				
to referrer	245	231	214	
Screened, unsuitable, returned to referrer	147	1456	1672	
Declined Service	530	429	406	
Other	370	683	641	
Eating	Eating Disorders			
Assessed, unsuitable, advised and returned				
to referrer	0	1	5	
Screened, unsuitable, returned to referrer	0	51	139	
Declined Service	8	10	5	
No response to communication	13	19	21	
DNA/Non adherence	30	38	12	
Other	3	6	2	
Д	ADHD			
Assessed, unsuitable, advised and returned				
to referrer	0	178	43	
No response to communication	0	109	87	
Screened, unsuitable, returned to referrer	0	753	822	
Declined Service	0	14	10	
DNA/Non adherence	0	20	4	
Other	0	23	12	
Me	emory			
Assessed, unsuitable, advised and returned				
to referrer	15	0	0	
Screened, unsuitable, returned to referrer	120	92	110	
Declined Service	288	93	33	
No response to communication	12	42	12	
Assessed, unsuitable, advised and returned				
to referrer	15	0	0	
Other	450	227	155	

# **Child and Young People (CYP)**

	FY 2015 2016	FY 2022 2023	FY 2023 2024
Crisis			
Assessed, unsuitable, advised and			
returned to referrer	6	5	4
Screened, unsuitable, returned to			
referrer	3	34	50
Declined Service	15	25	24
Other	9	35	28

Eating Disorders				
Screened, unsuitable, returned to				
referrer	0	0	4	
DNA/Non adherence	1	1	0	
Other	17	0	1	
CAMHS	CAMHS			
Assessed, unsuitable, advised and				
returned to referrer	72	61	18	
Screened, unsuitable, returned to				
referrer	121	201	178	
Declined Service	156	157	68	
DNA/Non adherence	118	130	32	
Other	143	188	82	

2. Details of any policy change regarding altered thresholds for referrals, altered access to pathways or triage systems and documentation outlining the change (and reasoning of the change if available) as regards referrals to each of the below services/pathways.

For gender, this would be the pathway in which gender dysphoria patients are treated (sorry if this is too broad, we know this is different from trust to trust and appreciate the pathway may well also include other services so we've tried to capture all).

For the Trust's Acute and Urgent Care Service, the Urgent Care policy is being amended to allow more efficient access to Psychiatric Decision Unit ( PDU ) for patients attending A&E, or for those calling West Midlands Ambulance Service (WMAS), when there is no immediate medical need.

The purpose of amending the policy is to enable patients to receive timely mental health support.

For the Trust's Integrated Community Care Service, Neighbourhood Teams have been created.

Please note that this has not altered the threshold for referrals however, the referrals process is slightly different for GP's that have an Additional Roles Reimbursement Scheme (ARR) in place.

For GP's with ARRs, they can book their patients in directly from reception to access mental health support from their ARRs worker.

For GP's that do not have ARRS roles, the current process of referring to Single Point Of Access (SPOA) remains in place.

<sup>\*\*</sup>Clarification: In question 2, we would be asking for any significant change to thresholds since and including the 2015/16 year. It is in the request in case any change to thresholds might have led to a spike or drop in referrals data, so we thought it would be important context if applicable.