

FOI 0131 2024 Response

Question 1: Does Birmingham and Solihull Mental Health NHS Foundation Trust have any local guidelines or policies for the treatment of obesity?	No we follow NICE guidelines
	If Yes, please provide a copy. N/A

Question 2: Does Birmingham and Solihull Mental Health NHS Foundation Trust have referral pathways for Tier 3 or Tier 4 weight management services?	Yes
	If Yes, please provide a copy. We can refer to Heartlands Tier 4 service – referral form attached Please see attachment.



MEDICAL WEIGHT MANAGEMENT REFERRAL

PLEASE FAX TO 0121 424 0420

REFERRAL CRITERIA:

Birmingham Heartlands Hospital	}	BMI over 40 with co-morbidities (37.5 for Asians)
		BMI over 45 with no co-morbidities (42.5 for Asians)
South Birmingham/Solihull Community Clinics	}	BMI over 35 with co-morbidities (32.5 for Asians)
		BMI over 40 with no co-morbidities (37.5 for Asians)

PATIENT DETAILS

NAME:

ADDRESS:

TEL No: NHS No:

DOB: PID:

GP DETAILS

NAME:

ADDRESS:

TEL No:

NAME OF REFERRER POSITION

MEDICAL INFORMATION – please fill in the values

Diabetes Y / N Sleep Apnoea Y / N Arthritis Y / N Hypertension Y / N
CHD Y / N

Specialist Weight Management Service (minimum Level 3)

HbA1c BMI

BP

Weight

Height

PLEASE ARRANGE FOR A FULL BLOOD SCREEN TO BE TAKEN BEFORE THE FIRST APPOINTMENT
(U&Es, LFTs, Fasting Glucose, Fasting Lipid Profile, TFTs, FBC)

Medications

Ethnic Categories		Please circle
White	British	A
	Irish	B
	Any other White background	C
Mixed	White and Black Caribbean	D
	White and Black African	E
	White and Asian	E
	Any other mixed background	E
Asian or Asian British	Indian	H
	Pakistani	J
	Bangladeshi	K
	Any other Asian background	L
	Caribbean	M
Black or Black British	African	N
	Any other Black background	P
Other ethnic groups	Chinese	R
	Any other ethnic group	S
Not Stated	Not stated	Z

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RELEVANT MEDICAL / WEIGHT HISTORY

OFFICE USE ONLY

BHH / Solihull / Community / Surgery

Date Referral Received:

Appointment Date:

Is an Interpreter required?

Y / N

What language?

RELEVANT MEDICAL / WEIGHT HISTORY CONTINUED