

FOI 028 2024 Response

Request

During each calendar year (2020, 2021, 2022, 2023, 2024 up to the date of 28/2/24), in children's services:

1. How many new referrals started treatment for an eating disorder?
2. How many patients were discharged from your service following treatment for an eating disorder?
3. How many of those patients (discharged) had achieved a BMI of 18.5 or higher when they were discharged?
4. How many of those patients (discharged) had a BMI of below 15 when they were discharged?
5. What was the lowest BMI recorded of a patient when they were discharged (out of patients from point 4)?

Response

****Background information**

Birmingham and Solihull Mental Health NHS Foundation Trust, Barnardo's, and Autism West Midlands work together to provide emotional wellbeing and mental health services for children and young people in Solihull within our Child and Adolescent Mental Health Service (Solar).

Solar is a secondary care service which accepts referrals from children, young people, and parents/carers themselves, alongside referrals from professionals.

Solar provides multi-disciplinary assessment and treatment of children and young people with mental health or severe emotional and behavioural difficulties. The service currently accepts children and young people, until their 19th birthday, who are residents in the borough of Solihull, go to school or college in the Solihull area, or have a Solihull GP.

Please note, that for information on children and young people in receipt of CAMHS services in Birmingham, please redirect your request to Forward Thinking Birmingham Service which is hosted by Birmingham Women's and Children's Trust.

Year	Q1 Total Started Treatment	Q2 Total Discharged Following Treatment	Q3 Total Discharged With BMI of 18.5 plus	Q4 Total Discharged with BMI under 15	Q5 Lowest BMI at Discharge	Q6 Total Re-accepted Since Discharge
2020	86	72	29	4	13	2
2021	78	73	30	3	13	2
2022	76	72	34	4	13.8	0
2023	89	82	30	2	14.3	0
2024	27	28	6	3	12.9	0