

FOI 0577/2024 Response

*****Background information**

Solar Child and Adolescent Mental Health Service (CAMHS for Solihull)

- Birmingham and Solihull Mental Health NHS Foundation Trust, Barnardo's, and Autism West Midlands work together to provide emotional wellbeing and mental health services for children and young people in Solihull within our Child and Adolescent Mental Health Service (Solar).

Solar is a secondary care service which accepts referrals from children, young people, and parents/carers themselves, alongside referrals from professionals.

Solar provides multi-disciplinary assessment and treatment of children and young people with mental health or severe emotional and behavioural difficulties. The service currently accepts children and young people, until their 19th birthday, who are residents in the borough of Solihull, go to school or college in the Solihull area, or have a Solihull GP.

Please note, that for information on children and young people in receipt of CAMHS services in Birmingham, please redirect your request to Forward Thinking Birmingham Service which is hosted by Birmingham Women's and Children's Trust.

Low and Medium Inpatient service and Youth First Community Service

- A medium secure Child and Adolescent Mental Health Service that support young people up to the age of 18
- Youth First is a specialist multi-disciplinary community child and adolescent mental health service for high risk young people with complex needs in the West Midlands region.

I would like to request the following information about mental health support for children and young people aged 11 to 25 in Birmingham and Solihull under the Freedom of Information Act.

1. Which CAMHS services are offered? Please list these services.

Solar Child and Adolescent Mental Health Service (CAMHS for Solihull)

Low and Medium Inpatient service and Youth First Community Service

2. Do you operate a 0-25 service?

Solar Child and Adolescent Mental Health Service (CAMHS for Solihull)

- No

Low and Medium Inpatient service and Youth First Community Service

- No

3. Can young people self-refer to CAMHS?

Solar Child and Adolescent Mental Health Service (CAMHS for Solihull)

- Yes

Low and Medium Inpatient service and Youth First Community Service

- No

4. Which of the following non-specialist publicly funded services for young people's mental health (a) currently exist and/or (b) used to exist within the last decade (*please indicate if they currently exist, and if they used to exist if you hold this data*):

a. Social prescribing

Solar Child and Adolescent Mental Health Service (CAMHS for Solihull)

- Yes

Low and Medium Inpatient service and Youth First Community Service

- No

b. Bereavement services

Solar Child and Adolescent Mental Health Service (CAMHS for Solihull)

- Yes

Low and Medium Inpatient service and Youth First Community Service

- No

c. Peer support

Solar Child and Adolescent Mental Health Service (CAMHS for Solihull)

- No

Low and Medium Inpatient service and Youth First Community Service

- No

d. Mental Health Support Teams

Solar Child and Adolescent Mental Health Service (CAMHS for Solihull)

- Yes

Low and Medium Inpatient service and Youth First Community Service

- No

e. School counsellors, mentors, or pastoral or key support workers

Solar Child and Adolescent Mental Health Service (CAMHS for Solihull)

- Yes

Low and Medium Inpatient service and Youth First Community Service

- No

f. Educational psychologists

Solar Child and Adolescent Mental Health Service (CAMHS for Solihull)

- Yes

Low and Medium Inpatient service and Youth First Community Service

- No. However, if required we are able to access this.

g. Youth groups

Solar Child and Adolescent Mental Health Service (CAMHS for Solihull)

- Yes, in the Voluntary/ Third Sector at Solar we run groups during the school holidays lead by our Occupational Therapy Team

Low and Medium Inpatient service and Youth First Community Service

- No

h. Wellbeing cafes or mental health drop-in services

Solar Child and Adolescent Mental Health Service (CAMHS for Solihull)

- Yes, in the Voluntary/ Third Sector at Solar

Low and Medium Inpatient service and Youth First Community Service

- No

i. Youth information, advice and counselling services (YIACS) / early support hubs

Solar Child and Adolescent Mental Health Service (CAMHS for Solihull)

- Yes

Low and Medium Inpatient service and Youth First Community Service

- Yes

j. Advice line for mental health issues

Solar Child and Adolescent Mental Health Service (CAMHS for Solihull)

- Yes

Low and Medium Inpatient service and Youth First Community Service

- Yes

k. Targeted service(s) for LGBTQ+ young people

Solar Child and Adolescent Mental Health Service (CAMHS for Solihull)

- Yes, Voluntary/ Third Sector services such as the LGBTQ+ Centre in Birmingham City Centre.

Low and Medium Inpatient service and Youth First Community Service

- No. However, we support young people to access these services .

l. Targeted service(s) for young people from minority ethnic / racialised communities

Solar Child and Adolescent Mental Health Service (CAMHS for Solihull)

- No. However, the Trust will be carrying out a targeted piece of work and audit to address health inequalities within service underway.

Low and Medium Inpatient service and Youth First Community Service

- No. However, we support young people to access these services .

m. Targeted service(s) for other underserved groups (please list here)

Solar Child and Adolescent Mental Health Service (CAMHS for Solihull)

- No. However, the Trust will be carrying out a targeted piece of work and audit to address health inequalities within service underway.

Low and Medium Inpatient service and Youth First Community Service

- No. However, we support young people to access these services .

n. Targeted service(s) for young people on waiting lists for access to NHS mental health services (formerly tier 3)

Solar Child and Adolescent Mental Health Service (CAMHS for Solihull)

- Yes, Internal processes for addressing this as well as liaising with Primary Care colleagues and the Voluntary/ Third Sector.

Low and Medium Inpatient service and Youth First Community Service

- No.

o. Art or music therapy

Solar Child and Adolescent Mental Health Service (CAMHS for Solihull)

- Yes.

Low and Medium Inpatient service and Youth First Community Service

- Yes.

p. Online support service / app

Solar Child and Adolescent Mental Health Service (CAMHS for Solihull)

- No. However, this is in development as part of the digital offer.

Low and Medium Inpatient service and Youth First Community Service

- No. However, we support young people to access these services .

q. Occupational therapy

Solar Child and Adolescent Mental Health Service (CAMHS for Solihull)

- Yes.

Low and Medium Inpatient service and Youth First Community Service

- Yes.

r. Any other service (please list here)

- N/A.

5. Do any of the following exist (please answer yes or no and elaborate if necessary)?

a) A CAMHS or young people's mental health partnership board?

Solar Child and Adolescent Mental Health Service (CAMHS for Solihull)

- No. However we are developing this with our Participation & Experience Lead within the Trust

Low and Medium Inpatient service and Youth First Community Service

- Yes. We have a young person's monthly youth forum.

b) A designated individual or team who coordinates partnership working across services for children and families / settings?

Solar Child and Adolescent Mental Health Service (CAMHS for Solihull)

- Yes. All young people have a CAMHS Practitioners Care Co-Ordinate

Medium Inpatient service and Youth First Community Service

- Yes. All young people have a care co-ordinator and NHSE Case Manager Low and

c) Data-sharing infrastructure to share data across services, for example, schools, social care, youth justice, special educational needs teams, etc.?

Solar Child and Adolescent Mental Health Service (CAMHS for Solihull)

- Yes.

Medium Inpatient service and Youth First Community Service

- Yes.

d) Evaluation of young people's outcomes following engagement with services?

Solar Child and Adolescent Mental Health Service (CAMHS for Solihull)

- No. However, we are developing this with our Participation & Experience Lead within the Trust

Medium Inpatient service and Youth First Community Service

- Yes.

e) A young people's advisory group or official mechanism for young people to feed into service design and improvement?

Solar Child and Adolescent Mental Health Service (CAMHS for Solihull)

- No. However, we are developing this with our Participation & Experience Lead within the Trust.

Medium Inpatient service and Youth First Community Service

- Yes. The youth form facilitates this for the young people.

6. Is there a single point of access for young people with a mental health concern? Please answer yes or no and elaborate if necessary.

Solar Child and Adolescent Mental Health Service (CAMHS for Solihull)

- Yes

Low and Medium Inpatient service and Youth First Community Service

- Yes

7. Do you operate a 'no wrong door' approach? Please answer yes or no and elaborate if necessary.

Solar Child and Adolescent Mental Health Service (CAMHS for Solihull)

- Yes. For any inappropriate referrals to the service we would always endeavour to ensure the appropriate signposting was in place, so that the voice of the child and their best interests are kept at the centre of everything we do.

Low and Medium Inpatient service and Youth First Community Service

- No.

8. Do young people have to be referred to access a mental health support service? Please answer yes or no and elaborate if necessary.

Solar Child and Adolescent Mental Health Service (CAMHS for Solihull)

- They need to be referred or they can self-refer

Medium Inpatient service and Youth First Community Service

- Yes, referral only. Due to the restrictive nature of the service

9. Are there specific services or approaches to ensure under-served groups of young people can access support e.g. young people from minority ethnic / racialised backgrounds, LGBTQ+ young people, etc.? *Please answer yes or no and elaborate if necessary.*

Solar Child and Adolescent Mental Health Service (CAMHS for Solihull)

- Yes.

Medium Inpatient service and Youth First Community Service

- Yes.