FOI 0305_2024 Response

For each of the last three calendar years (2022, 2023, and 2024) could you please provide me with:

1. **The number of mental health patients who have been physically restrained;**

Year	Patients
2022	543
2023	594
2024 (to Oct 31st)	455

Please note:

- The above table lists the number of distinct patients who were physically restrained between 01/01/2022 and 31/10/2024, split by year.

- The information has been extracted from the Trust's Incident reporting system.

2. **The individual number of restraint incidents per patient on average;**

Year	Average restraints per patient
2022	5.22
2023	5.28
2024 (to Oct 31st)	6.05

Please note:

- The above table lists the average number of restraints per patient between 01/01/2022 and 31/10/2024, split by year.

- The information has been extracted from the Trust's Incident reporting system.

3. **The number that involved face-down restraint;**

Year	Face-down restraint incidents
2022	602
2023	762
2024 (to Oct 31st)	489

Please note:

- The above table lists the number of incidents involving a face-down (prone) restraint between 01/01/2022 and 31/10/2024, split by year.

- The information has been extracted from the Trust's Incident reporting system.

- The data pertains to the number of face-down restraint incidents, a patient can be involved in multiple restraint incidents, hence the greater numbers.

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4. The number of patient injuries as a result of any physical restraint; and

Year	Patients injured
2022	29
2023	31
2024 (to Oct 31st)	29

Please note:

- The above table lists the number of patients injured as a result of a physical restraint between 01/01/2022 and 31/10/2024, split by year.

- The information has been extracted from the Trust's Incident reporting system.

5. The number of staff injuries as a result of any physical restraint.

Year	Staff injured
2022	250
2023	233
2024 (to Oct 31st)	249

Disclaimer:

- The above table lists the number of staff injured as a result of a physical restraint between 01/01/2022 and 31/10/2024, split by year.

- The information has been extracted from the Trust's Incident reporting system.