



Birmingham and Solihull Mental Health NHS Foundation Trust  
Unit B1, Trust Headquarters  
50 Summerhill Road,  
Birmingham

XXXXRedactedXXXX

Inspection Manager  
Hospitals; Mental Health  
(Central West) Central Region  
XXXXRedactedXXXX

**30<sup>th</sup> September 2021**

Your reference: RGP1-10053519614  
Account number: RXT

Dear XXXXRedactedXXXX

**Re: Care Quality Commission  
Health and Social Care Act 2008  
Notice of decision to impose conditions on your registration as a service provider in  
respect of regulated activities  
Reporting schedule**

Condition 3 - Commencing from 5 February 2021 the registered provider must report to the Commission on a monthly basis setting out progress being made in respect of and including mitigating measures being put in place until all ligature risks are addressed.

Condition 5 - Commencing from 1 March 2021, the Registered Provider must report to the Commission on a monthly basis the results of any monitoring data and audits undertaken that provide assurance that the system implemented is effective.

I am pleased to enclose for your attention our latest position relating to the implementation of the section 31 improvement plan for care planning and for improving the safety of the physical environment.

Since our last report to you and the implementation of our plan, we have been continuing with work to strengthen our relational and procedural measures to improve patient safety.

XXXXRedactedXXXX

Chair: Danielle Oum | Chief Executive: Roisín Fallon-Williams

Customer Relations | Mon – Fri, 8am – 6pm  
Tel: 0800 953 0045 | Text: 07985 883 509  
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discussions around safer staffing. Work is ongoing with the installation of the en-suite door alarm system in Acute Care, with 7 wards now complete (two of which are awaiting sign off following snagging works).

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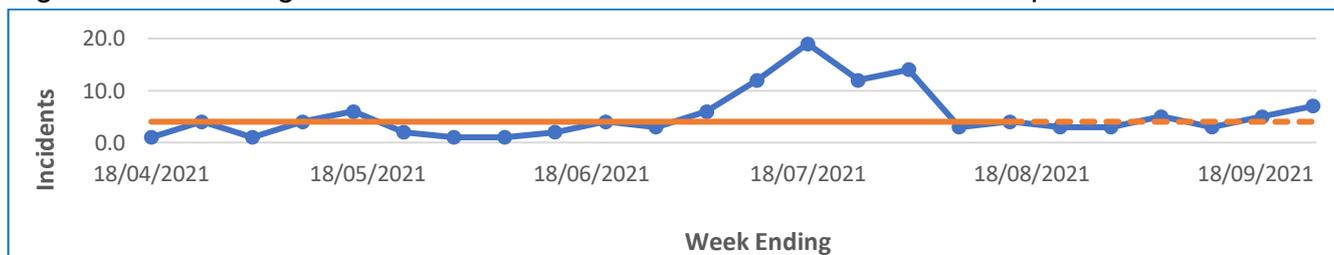
Meetings with the Associate Directors and interested parties to develop and agree the 3 to 5 year capital programme plan to address any remaining ligature risks across our estate have now all taken place and a proposed list shared with the Associate Director of Estates and Facilities. The final programme will be agreed and shared with our Integrated Quality Committee, once feedback is received.

The second bed on Reservoir Court has now been closed, completing the only overdue action on the Physical Environment action plan.

The new Band 7 Clinical Educator for mental health was appointed in August and will commence in post in October, while we are awaiting a start date for the Band 7 for Physical Health educator. The staff that are covering some of these roles in the meantime continue to focus on supporting operational staff in Acute Care with care planning improvement and embedding.

XXXXRedactedXXXX

Figure 2 –Actual Ligature Incidents with No Anchor Point in our Acute Inpatient Wards

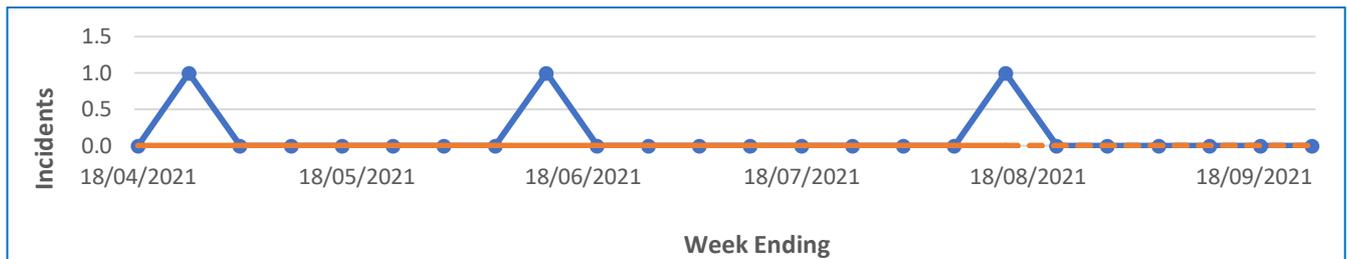


We continued to see a decrease in no anchor point incidents for a part of the reporting period but note a slight increase towards the end. These incidents continue to largely occur on our female wards such as Melissa, Larimar and Eden Female PICU. All incidents were managed through relational and procedural controls. Such controls included:

- Psychology input
- Supporting service users with techniques to benefit longer term recovery and safety
- Searching of service users (based on risk assessment) on return from leave
- Use of anti-rip bedding
- Use of anti rip clothing
- Increase in therapeutic observation frequency

- Removal of ligature items from bedrooms to protect patient safety
- Medical Review and update to Care Plans and Risk Assessments
- Encouragement of increased time for patients in communal areas
- PRN Medication
- 1:1 de-brief time between staff and patient

Figure 3 – Actual Ligature Incidents with an Anchor Point in our Acute Inpatient Wards



There has been no incident utilising an anchor point in Acute Care since our last report to you in August.

We welcome the opportunity to discuss any of these matters with you at our next meeting, however should you have any immediate queries or require any additional information then please do not hesitate to contact me.

Yours sincerely

**Sarah Bloomfield**  
**Executive Director of Quality and Safety (Chief Nurse)**