



Birmingham and Solihull Mental Health NHS Foundation Trust
Unit B1, Trust Headquarters
50 Summerhill Road,
Birmingham
B1 3RB

XXXXRedactedXXXX

Inspection Manager
Hospitals; Mental Health
(Central West) Central Region

31st March 2023

Your reference: RGP1-10053519614
Account number: RXT

Dear XXXXRedactedXXXX

**Re: Care Quality Commission
Health and Social Care Act 2008
Notice of decision to impose conditions on your registration as a service provider in
respect of regulated activities.
Reporting schedule**

Condition 3 - Commencing from 5 February 2021 the registered provider must report to the Commission on a monthly basis setting out progress being made in respect of and including mitigating measures being put in place until all ligature risks are addressed.

Condition 5 - Commencing from 1 March 2021, the Registered Provider must report to the Commission on a monthly basis the results of any monitoring data and audits undertaken that provide assurance that the system implemented is effective.

I am pleased to enclose for your attention our latest position relating to the implementation of the section 31 improvement plan for XXXXRedactedXXXX and for improving the safety of the physical environment.

To ensure the ongoing safety of our service users and staff we have continued to implement, monitor and review a range of mitigations and supporting tools. These include the installation of the en-suite door alarm systems in Acute Care, XXXXRedactedXXXX,

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reviewing of staffing levels and implementing training, software and other measures to improve this.

XXXXRedactedXXXX with this letter as well as completed the installation of all the en-suite doors in Acute Care. XXXXRedactedXXXX

As it relates to safer staffing, we now have two international nurses in post with a further 5 expected to commence in post in April. There should be a further 11 in June and 14 in July and we have been made aware that our bid to recruit additional international nurses was successful, so we will continue with that process until the end of November 2023.

The pilot in Acute Care is continuing with positive feedback from both staff and service users but we are aware that Ward Managers continue to work clinically in the numbers to support the workforce.

We recently attended the RCN recruitment event, during which we received positive feedback from student nurses who have placements with us. We interviewed on the day and appointed 27 nurses.

The Check and Challenge process for safer rostering was signed off in the Safer Staffing Group on the 23rd of March 2023, with implementation from April 2023. It will be implemented initially at the wards at Ardenleigh and the Oleaster and then scaled up.

The installation of the ensuite door alarm system in Acute Care is now complete. In terms of the broader physical environment agenda, in collaboration with the service areas, Estates colleagues and the Chief Operating Officer we have now finalised the capital programme for 2023/24. This includes the prioritisation for the installation of the bedroom door alarm systems, although there are some ongoing internal discussions regarding the most suitable anti-barricade system to be used on these.

XXXXRedactedXXXX

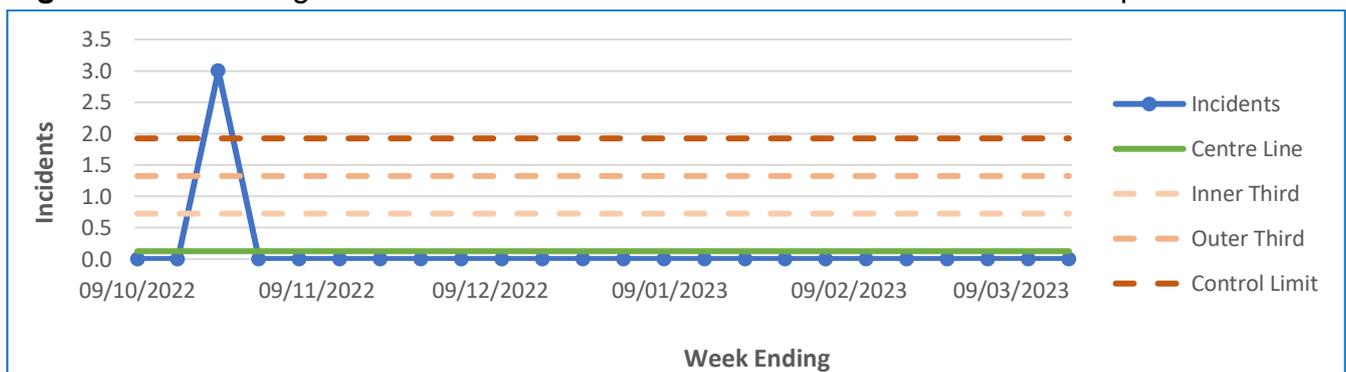
Figure 2 –Actual Ligature Incidents with No Anchor Point in our Acute Care Inpatient Wards



All incidents were managed through relational and procedural controls. Such controls included:

- Risk formulation huddles have commenced on four wards (George, Tazetta, Eden PICU and MSH Ward 2) and now in QEHB Liaison Psychiatry team.
- Daily safety huddles
- Psychology input
- Supporting service users with techniques to benefit longer term recovery and safety.
- Medical Review and update to Care Plans and Risk Assessments
- 1:1 de-brief time between staff and patient
- Reducing Restrictive Practice Quality Improvement Collaborative
- Therapeutic activities programme
- Sensory wards project and improving the environment from a therapeutic perspective.
- Completion of in-depth sensory assessments – environmental assessments by Experts by Experience and checks by the relevant clinicians for the service user pathway.
- Support for patients with autism and learning disability in Home Treatment prior to admission.

Figure 3 – Actual Ligature Incidents with an Anchor Point in our Acute Care Inpatient Wards



There were no anchor point incidents in Acute Care since our last submission.

We welcome the opportunity to discuss any of these matters with you at our next monthly meeting, however, should you have any immediate queries or require any additional information then please do not hesitate to contact me.

Yours sincerely,

Steve Forsyth
Interim Executive Director of Quality and Safety (Chief Nurse)